



# The Kids' Catholic Virginian

“Let the little children come to me” – Matthew 19:14

## Get ready for Lent

First Sunday of Lent • March 9

Lent is the special time when we prepare for the celebration of Jesus' passion, death and resurrection. We get our souls ready with prayer, fasting, and almsgiving.



**Prayer** is talking with God. We need to talk with God even more than we need to talk to our family and friends. Lent is a good time to get into a habit of talking with God every day.



**Fasting** is eating less than you normally would. It's a good idea to give up a little something you like for Lent. Giving things up helps us remember we need

God more than food and treats.

**Almsgiving** means giving to those who are in need. Maybe you have something you can give to the poor or to the Church. It reminds us how generous God is with us!



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## How well do you know the story of Jesus' temptation?

1. Jesus went to the desert and didn't eat anything for 40 days.

**True or False?** (circle one)

2. Jesus was never tempted by the devil. **True or False?**

3. Jesus wasn't hungry, even after 40 days with no food.

**True or False?**

4. The devil said that all the kingdoms of the world belonged to him. **True or False?**

5. Jesus wouldn't throw himself off the Temple because He said it was "putting God to the test."

**True or False?**



## SCRIPTURE SEARCH®

Gospel for March 9, 2025

Luke 4: 1-13

Following is a word search based on the Gospel reading for the First Sunday of Lent, Cycle C: Jesus's 40 days in the desert. The words can be found in all directions in the puzzle.

JORDAN	DAYS	BY THE DEVIL
NOTHING	HUNGRY	SON OF GOD
COMMAND	BECOME	BREAD
WRITTEN	NOT LIVE	SHOWED
WORLD	WORSHIP ME	LORD
THROW	ANGELS	FOOT
AGAINST	A STONE	TO THE TEST

### 'WORSHIP ME'

T O T H E T E S T E I L  
W S O N O F G O D V L Y  
O R N X N A J O K I A X  
R P I I V A O J V L Y W  
L O H T A N R E X T S O  
D E U Y T G D D F O H R  
N M N B R E A D O N O S  
A O G N H L N S O J W H  
M C R T O S Y T T O E I  
M E Y R T A L K R O D P  
O B D M D L K H M N N M  
C A T E N O T H I N G E



## Ask the Bishop

**Q. Are there birthdays in heaven?**

- Andrew (8), Carl (6), Stella (4), and Jeanmarie (1) Malcolm;

St. Thomas More, Lynchburg

**A.** Everything good is perfected in heaven, so yes, birthdays – which are good – are celebrated perfectly in heaven!

Each year, the Church celebrates a feast day on the birth of Jesus (Christmas), the birth of John the Baptist (June 24), and the birth of Our Lady (Sept. 8). We know that

the angels and saints in heaven join with us in these prayers at Mass. That means birthdays are celebrated in heaven and on Earth.

The feast day of a saint is often celebrated on the date of their death, which is sometimes called their "birthday in heaven."

It is good to celebrate our birthdays, because we are reminded that God loves us so much that he brought us into existence. And by celebrating other people's birthdays, we show them how grateful we are that God created them.

Kids 12 and younger: make sure to check with your parent/guardian, then email Bishop Knestout [YOUR question](mailto:YOUR question).

[AskTheBishop@catholicvirginian.org](mailto:AskTheBishop@catholicvirginian.org)  
Include your full name, age, and home parish.