



# The Kids' Catholic Virginian

“Let the little children come to me” – Matthew 19:14

## God’s army of angels is on our side!

### Memorial of the Holy Guardian Angels

October 2

#### Guardian Angel Prayer

*Angel of God, my guardian dear,  
To whom God’s love entrusts me here,  
Ever this day/night, be at my side,  
To light, to guard, to rule, to guide.  
Amen.*

God is so good and loves us so much that he gives each of us a powerful protector – our very own guardian angel.

We are never alone. Every moment that we are on earth, our guardian angel is watching over us, helping us to do the right things, and giving us courage when we’re scared.

Sometimes, if you’re being very good, someone might jokingly call you “a little angel.” Actually, humans cannot be angels. Angels are pure spirits. They have no bodies.

We don’t know what angels look like. In paintings or movies, you frequently see them as people with wings. According to the Bible, there are some angels that have wings.

No matter how old we are, our guardian angel is by our side, as long as we trust them and God to do what is best for us.

Pray to your guardian angel every day and every night!



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## SAINT SUPERHEROES

### The Archangels – Sts. Michael, Gabriel, and Raphael • Feast day: Sept. 29

Three of God’s seven archangels are saint superheroes because they did some really big things – things that changed the history of the world!

We know these **awesome archangels** – Sts. Michael, Gabriel, and Raphael – by name. They’re named in the Bible!

You might be wondering why these archangels are also named as saints. “Saint” normally refers to humans who have gone to heaven, but can actually be for any creature that is in heaven with God. Also, the word “saint” (“sancte”) simply means “holy.”

#### St. Michael the Archangel

St. Michael is the **warrior angel** in the most epic battle of all time. We’re talking bigger than any battle to save mankind in any Marvel or Lord of the Rings movie you’ve seen.



(Photo/Metropolitan Museum of Art)

That battle happened in heaven before God created us. St. Michael is the general who led an army of good angels in the

fight against Satan and all the fallen angels (devils who made very bad choices to try and go up against God).

You usually see pictures of St. Michael looking like a magnificent knight with wings – he’s wearing armor, holding a long lance/sword, and slaying a devil or dragon.

That epic battle is still going on right now – and we’re part of it. Everyday, those devils will try to get us to turn from God and join their side. St. Michael is the one you want on your side – so we should pray for his help:

*St. Michael the Archangel, defend us in battle.*

*Be our protection against the wickedness and snares of the devil.*

*May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan, and all evil spirits, who prowl about the world seeking the ruin of souls. Amen.*

#### St. Gabriel the Archangel

St. Gabriel is the **messenger angel** – the one who delivers important messages straight from God.

St. Gabriel was chosen to deliver some huge news to the Blessed Virgin Mary: she was going to be a mom – all moms are special – but she was going to be the mother of our Savior, Jesus Christ! His greeting to her



St. Michael

St. Raphael

St. Gabriel

(iStock)

was so important that we say it as a prayer: “Hail Mary, full of grace!”

God also sent St. Gabriel to deliver a message to Daniel to explain a vision. St. Gabriel is noted in the Bible a third time when he appears to Zachary with news about another important birth: Zachary’s son, St. John the Baptist.

#### St. Raphael the Archangel

St. Raphael’s name means “God heals.” He is known as the **healing angel**.

In the Bible, St. Raphael is believed to be the angel who stirs the healing waters at a pool in Jerusalem. Sick people would wait nearby because the first person to get in after the water was stirred would be miraculously cured.

St. Raphael also plays a big role in another story in the Bible – when he travels with Tobias and his son during a long, hard journey. The archangel helps them overcome some pretty big challenges, like when Tobias was blinded by some bird droppings that fell in his eye!

Pray to St. Raphael if you or someone you know is sick, or if you stumble on this journey through life!